

KOMITE ETIK PENELITIAN KESEHATAN
HEALTH RESEARCH ETHICS COMMITTEE
POLTEKKES KEMENKES SEMARANG
MINISTRY OF HEALTH, SEMARANG HEALTH POLYTECHNIC

KETERANGAN LAIK ETIK
DESCRIPTION OF ETHICAL APPROVAL
"ETHICAL APPROVAL"

No. 1248/EA/F.XXIII.38/2025

Protokol penelitian yang diusulkan oleh :
The research protocol proposed by

Peneliti utama : Rozikhan, SKM.,M.Kes (Epid)
Principal Investigator

Nama Institusi : Poltekkes Kemenkes Semarang
Name of the Institution

Dengan judul:
Title

“PENGENDALIAN HIPERTENSI SECARA MANDIRI MELALUI PENERAPAN DIETARY APPROACHES TO STOP HYPERTENSION (DASH) BERBASIS APLIKASI ANDROID”
“INDEPENDENT CONTROL OF HYPERTENSION THROUGH THE APPLICATION OF DIETARY APPROACHES TO STOP HYPERTENSION (DASH) BASED ON ANDROID APPLICATION”

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Consent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 3 November 2025 sampai dengan tanggal 3 November 2026.

This declaration of ethics applies during the period November 3, 2025 until November 3, 2026.



November 3, 2025

Professor and Chairperson,

Prof. Dr. Runjati, Bdn., M.Mid